Cigarette smoking remains the leading cause of preventable death and disability in the United States, despite a significant decline in the number of people who smoke. Over 16 million Americans have at least one disease caused by smoking. This amounts to $170 billion in direct medical costs that could be saved every year if we could prevent youth from starting to smoke and help every person who smokes to quit.

In 2015, 35.8% of Kentucky high school youth reported currently using any tobacco product, including e-cigarettes. Among Kentucky high school youth, 16.9% reported currently smoking cigarettes.

24.5% Of adults smoked cigarettes in 2016
8,900 Adults die from smoking-related illnesses each year
$1.9B Was spent on healthcare costs due to smoking in 2009

Bullitt County Health Department
181 Lees Valley Road
Shepherdsville, KY 40165
Clinical: 502-955-7837
Health Education: 502-955-5355

Need Help Quitting Tobacco?

K QuitNow Kentucky

For telephone cessation counseling contact 1-800-QUIT-NOW (1-800-784-8669) or www.quitnowkentucky.org

For local tobacco cessation classes call 502-955-5355

Restaurant Owners: Let us know when your restaurant becomes smoke free, and we will be pleased to include you in future publications.

Proud to be... SMOKE FREE

Bullitt County Smoke-Free Dining Guide

Centers for Disease Control and Prevention
www.cdc.gov/tobacco/about/osh/state-fact-sheets/kentucky/
These restaurants provide their customers with quality smoke-free dining, protecting individuals from the dangers of second-hand smoke.